

# 4<sup>th</sup> Annual Celebrate Logan Fundraiser: The Logan Sweet Memorial 5K

**Bowdoinham Community School**

**May 6<sup>th</sup>, 2012 – Fun Run starts @ 9:30am, 5K will start @ 10:00am**

## **Registration Information:**

**Preregistration** - \$25 preregistration for both walkers and runners who register before *April 6<sup>th</sup>, 2012*. Children walking/running the 5K or Fun Run - \$15. The Fun Run is a 1 mile run for kids who may be too young or not ready for the 5k challenge. Parents are welcome and encouraged to walk/run with their child in the Fun Run. All runners/walkers who preregister are guaranteed a t-shirt in their chosen size the day of the race.

**Late Registration** - \$30 for registration after April 6th. Children - \$20. Registration on the day of the event is also welcomed. There will be extra t-shirts available on the day of the event. (No shirt or size guarantee for those that register after April 6<sup>th</sup> or the day of event.)

**Children in Strollers and wagons are FREE.** (You may purchase t-shirt separately if desired. Available at the event)

Mail in your registration Entry form (below) along with your check made out to:

**Logan Sweet Foundation  
38 Tegans Way  
Bowdoinham, ME 04008**



**All proceeds benefit**

***The Logan Sweet Foundation and the Myocarditis Foundation.***

## **Course Description:**

Runners and walkers will participate in the 5k starting and ending at the Bowdoinham Community School on Cemetery street in Bowdoinham Maine(see map below). The kids Fun Run will start at 9:30.m and the 5K will follow at approximately 10:00. Sign In and late Registration starts at 8:00am.

## **Other Activities**

- There will be the **Myocarditis Traveling Exhibit: "Not a Blank Canvas"**. This exhibit is a display of stories from many people, young and old, who have suffered or are still suffering from Myocarditis. Come and read their stories.
- There will also be many auction and raffling items donated by local businesses. Auction will end at 11:30am
- There will be complimentary refreshments (snacks and beverages) available before and after the race. However runners may wish to bring their own water bottles

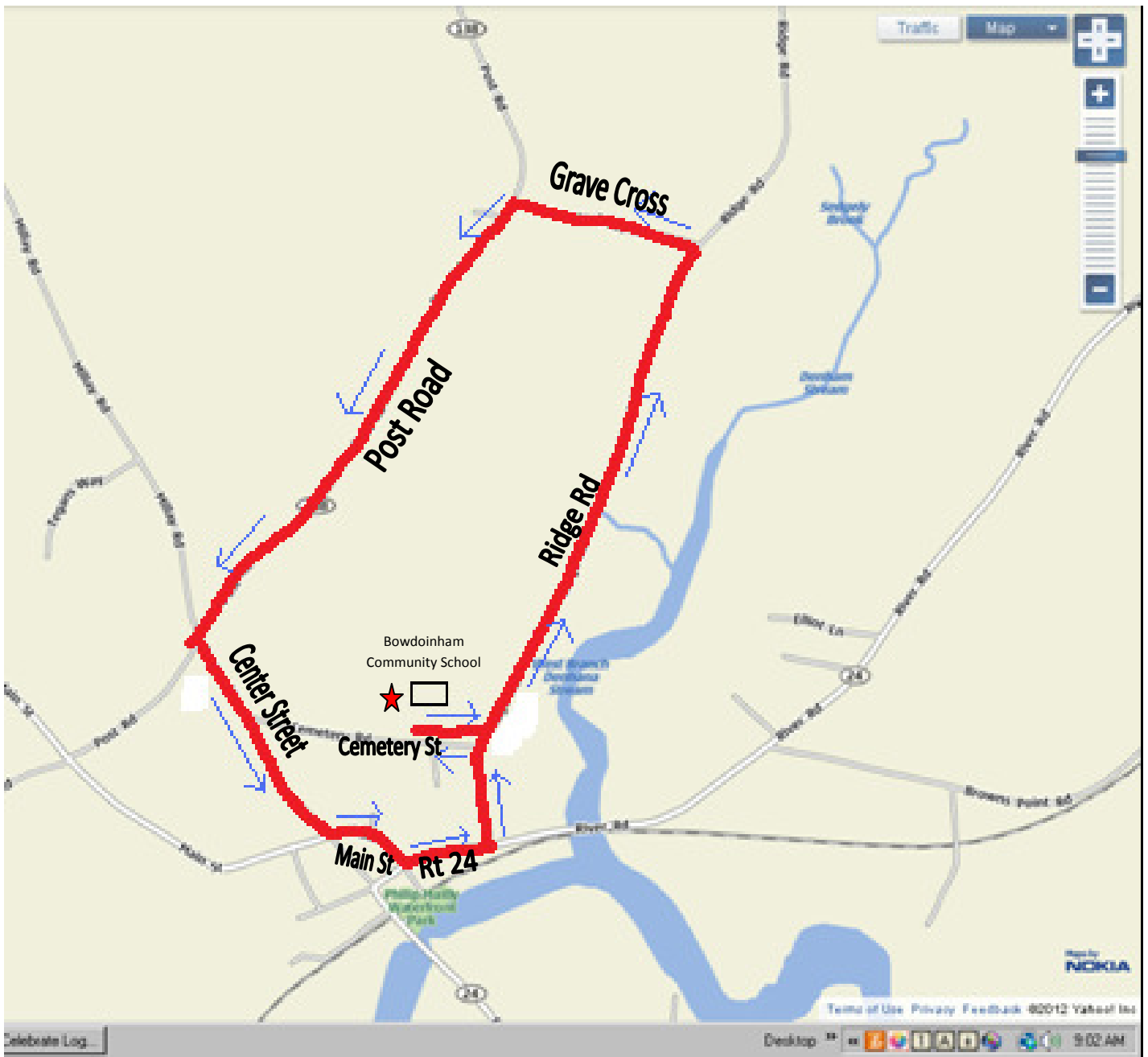
## **Prizes:**

Person who raises the most money from sponsors will receive a prize.

1<sup>st</sup> Female winner will receive a prize

1<sup>st</sup> Male winner will receive a prize.

**Sponsor sheet and list of prizes can be found at [www.logansweetfoundation.com](http://www.logansweetfoundation.com)  
For additional questions contact: Carolyn Sweet [livelifelife@logansweetfoundation.com](mailto:livelifelife@logansweetfoundation.com)**



Start out by taking a left out of the school onto Cemetery St and then a left onto Ridge Road.

Take a left onto Graves Cross Road. This is actually a field that turns into a path through the woods.

At the end, take a left onto Post Road.

Continue on post road and take a left onto Center Street.

Go to end of Center Street and take a left onto Main St.

Go to end of Main St and take a left onto Route 24.

Take a left onto Ridge Road. Continue up the hill and take a left onto Cemetery St. back at the school.

**If Graves Cross Road is too muddy, an alternate route will be made.**

**Fill out one form per runner/walker**

Please send in entry form with your check.  
Before April 6<sup>th</sup> \$25 (\$15 for kids). After April 6<sup>th</sup> \$30 (\$20 for kids).

**Mail Entry Form and make Checks payable to:**

The Logan Sweet Foundation  
38 Tegans Way  
Bowdoinham, Maine 04008

NAME: \_\_\_\_\_ AGE: \_\_\_\_\_ SEX: \_\_\_\_\_ PHONE: \_\_\_\_\_

ADDRESS: \_\_\_\_\_ CITY: \_\_\_\_\_ STATE: \_\_\_\_\_ ZIP \_\_\_\_\_

Email Address \_\_\_\_\_

Please Check One: Kids' Fun Run (1 Mile) \_\_\_\_\_, or 5K \_\_\_\_\_

Check your t-shirt size:

Men(50/50 cotton/poly): \_\_\_\_\_ Small, \_\_\_\_\_ Medium, \_\_\_\_\_ Large, \_\_\_\_\_ XLarge, \_\_\_\_\_ XXLarge

Women's Style(100% cotton): \_\_\_\_\_ Small, \_\_\_\_\_ Medium, \_\_\_\_\_ Large, \_\_\_\_\_ XLarge, \_\_\_\_\_ XXLarge

Child(50/50 cotton/poly): \_\_\_\_\_ Small (4-6), \_\_\_\_\_ Med (6-8), \_\_\_\_\_ Large (8-10), \_\_\_\_\_ XLarge (10-12)

**WAIVER:** I know that running a road race is a potentially hazardous activity. I should not enter unless I am medically able and properly trained. I assume all risks associated with running this event. Having read this waiver and knowing these facts and in consideration of your accepting my entry fee, I, for myself, and anyone entitled to act on my behalf, waive and release the City of Bowdoinham, The Bowdoinham Fire Station, the Sweet Family and The Logan Sweet Foundation and all sponsors, their representatives and successors, for all claims or liabilities of any kind arising out of my participation in this event. Further, I hereby grant full permission to any and all of the foregoing to use my photographs, video tapes, motion pictures, recordings, or any other record of this event for legitimate purpose.

\_\_\_\_\_

Date \_\_\_\_\_

Signature (Parent's Signature If under 18)

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For Use of Day of event

